SCI Outcome Measures Toolkit
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Purpose

To develop an Outcome Measures Toolkit for SCI rehabilitation clinicians.
Methods

- 3 rounds of Delphi
- 156 measures in Delphi
- 63 participants
  - Physical Medicine
  - Nursing
  - OT/PT
  - Social Work
  - Psychology
SCI Content Areas

- Mental Health
- Pain
- Spasticity
- Skin Health
- Sexuality and Reproduction
- Function and SCI
- Lower Limb Function and Walking

- Upper Extremity Function
- Wheeled Mobility
- Self-care/ADLs
- Quality of Life
- Community Integration
- Assistive Technology
An Example

<table>
<thead>
<tr>
<th>Lower Limb and Walking</th>
<th>Performance Based Measures</th>
<th>Balance Tests</th>
<th>Indexes and Classification Scales</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>-10 Meter Walking Test</td>
<td>-Berg Balance Scale</td>
<td>-Walking Index for Spinal Cord Injury (WISCI)</td>
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<tr>
<td></td>
<td>-6 Minute Walk Test</td>
<td>-Community Balance and Mobility Scale</td>
<td>-Spinal Cord Independence Measures (SCIM) – Locomotor</td>
</tr>
</tbody>
</table>
Resources

http://www.scireproject.com/sci-om-toolkit
Research Team

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[Logos of St. Joseph's Health Care, Lawson Health Research Institute, UBC, SCIRE, icord, and Western University]