Developing a Sexual Health Rehabilitation Online Education Curriculum for Health Care Professionals

Kate McBride, RN, BSN, CRRN
WHY A COURSE ON SEXUAL HEALTH?

- In a survey of persons with SCI, sexual functioning ranked #1 priority for those with paraplegia and #2 for those with quadriplegia (Anderson, 2004)

- Discussions of sex, sexuality, and sexual health are frequently omitted from interactions between health care professionals and clients (Haboubi & Lincoln, 2003; Vincent & Singh, 2007)

- Literature indicates an urgent need for training for health care professionals regarding sexuality and sexual health

- This program will assist in preparing registered nurses, physicians and allied health care professionals to practice within the parameters of sexual health care core competencies
### Sexual Assessment Framework - Elliott and Szasz, 1984

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<thead>
<tr>
<th>Sexual Area</th>
<th>Consequences</th>
<th>Comments</th>
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<tbody>
<tr>
<td>Sexual Drive/Interest</td>
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<td>Sexual Functioning abilities</td>
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<td>Fertility &amp; Contraception</td>
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<td>Factors re the condition</td>
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<td>Motor &amp; sensory influences</td>
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<td>Bladder &amp; bowel influences</td>
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<td>Sexual Self-view and Self-esteem</td>
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<td>Partnership Issues</td>
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January 2012
Course #2 content initiated

March 2012
Course #1 content completed

May 2012
Course #1 advertising and enrolment

June 2012
Course #2 on-line (for review)

Sept. 2012
Course #1 start date
Course #2 advertising and enrolment

December 2012
First cohort completion and course evaluation

January 2013
Course #2 start date
Knowledge Translation Plans

- On-line accredited format means wider accessibility across Canada
- First time in Canada that Sexual Health Rehabilitation content and practice guidelines are being offered!
- Evaluation of practice implications planned for April 2013 and ongoing
- Students will bring knowledge and skills back to their respective practices

Rick Hansen Institute
Acknowledgements

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