PROJECT PARTNER

Self Care Catalysts is a patient solutions, intelligence and analytics company that enables healthcare innovation. The company is committed to advocating for patients and consumers when it comes to healthcare decisions. Their belief is that when patients are informed, respected, and engaged, they make better choices. Better choices mean better health outcomes.

Their mission is to build innovative, patient-centered, and technology-driven self-care solutions that will enable patients to continue managing their care outside of the clinical setting.

PROJECT PURPOSE

The purpose of this project is to refine the Health Storylines™ platform for use by people with SCI and to explore the feasibility of using it in practice and as part of larger multi-site experimental trial. The aims are to 1) Develop a user-friendly mobile platform that addresses the needs of SCI patients, families, informal caregivers and clinicians during the sub-acute inpatient rehabilitation phase, and the transition into the community, 2) Determine the feasibility of patients, informal caregivers and clinicians to use the mobile platform in an inpatient rehabilitation setting, and 3) Determine the feasibility of conducting future clinical trials on the mobile platform in the sub-acute inpatient rehabilitation setting.

RICK HANSEN INSTITUTE SPONSORED PROJECT

Health Storylines™

TO INFORM, SUPPORT, AND ENGAGE PEOPLE WITH ACUTE SCI AND THEIR HEALTH ALLIES IN REHABILITATION AND COMMUNITY INTEGRATION
TECHNOLOGY OVERVIEW
Health Storylines™ is a mobile self-care application that connects patients to their circle of care as they work through a suite of interactive health tools. The data generated from Health Storylines™ powers a patient intelligence platform that chronicles patients’ health behaviour and decision making. Self Care Catalysts’ proprietary Patient Decision Making Analytics™ transforms the data into actionable insights that drive patient engagement and healthcare quality improvement.

TIMELINE

**DEVELOPMENT PHASE**
May 2015 Enrolment, 25 SCI clinicians from GF Strong, focus groups and interviews to help develop the mobile app

**IMPLEMENTATION & FEASIBILITY PHASE**
June 2015 Enrolment, 20 individuals with SCI, 4-12 month study duration (this will depend on participants length of stay at GF Strong)

NEXT STEPS
Multi-site clinical trial of the Health Storylines™ mobile platform in the sub-acute inpatient rehabilitation setting. Self Care Catalysts and the Rick Hansen Institute are seeking partners for the multi-site clinical trial.

PROJECT TEAM

**Principal Investigator**
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**Investigative Team**
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The Rick Hansen Institute is a Canadian-based not-for-profit organization with the goal of creating a world without paralysis after spinal cord injury. It works towards this goal by accelerating research and translating clinical findings into practical solutions to develop new treatments, improve health care outcomes, reduce long-term costs and improve the quality of life for those living with spinal cord injury. www.rickhanseninstitute.org